Sedation Advice Sheet

The following advice will help you before and after your treatment by sedation. After sedation, co-ordination and logical thinking may be temporarily impaired so it is important to follow the advice below for the 48 hour period following treatment. You will be able to talk and respond to any instructions where necessary throughout your treatment.

On the day of treatment:

- Have a light meal at least two hours before your treatment
- Do not drink any alcohol
- Take any routine tablets or medicines at the usual time
- Please bring a responsible adult with you who is able to wait and escort you home afterwards

After treatment:

- Rest for I-2 days
- Do not drive a car or ride a bicycle
- Do not operate machinery or undertake anything requiring skill or judgment
- Do no climb ladders
- Do not take sleeping tablets
- Do not drink alcohol
- Do not make any vital decision or sign legal documents
- Please ensure that you have someone to stay with you for 24 hours following treatment

If you have any concerns after your treatment please telephone the Practice on **01285 640248** or if outside surgery hours, please call the On-Call Mobile Number: **07912 668541**