BITE SIZE EDUCATION

An interactive study club

Course Topic:	**Extraction Technique & Basic Surgery**
Date:	Tuesday 10 March 2026
Time:	6:30pm – 8:30pm (Access and refreshments from 6:00pm)
Venue:	The Training Room, Cirencester Dental Practice, The Old Post Office, 12 Castle Street, Cirencester, GL7 1QA
Contact:	Tel: 01285 640248 / zoe@cirencesterdentalpractice.com
CDP:	2 hours verifiable
Tutor(s):	Dr Ross Cutts & Dr Gavin Ho Fat
Educator:	Dr Gavin Ho Fat

Extraction Technique & Basic Surgery

Course Aims & Objectives:

- Using radiographs to plan extractions and pre-empt difficulty/complications
- Discussing the mechanics of atraumatic extraction technique to preserve bone
- How to use luxators safely and effectively
- How to design, cut, raise, mobilise and close mucoperiosteal flaps
- Hands-on practical on model and chicken breasts

Tutor(s):

Dr Ross Cutts
BDS (Lond) Dip Imp Dent RCS (Eng) MClinDent Fixed and Removable Prosthodontics (KCL Lond) with Distinction
GDC No.: 78162

Having Graduated from Guy's Hospital, London in 2000, I am a dentist with Special Interests in Implant Dentistry and Advanced Restorative Procedures.

I began my Implant journey in 2003 and have subsequently attended extensive Higher Education across the United Kingdom, Europe and North America from the world leaders in Implant Dentistry.

I have been awarded the highly regarded Diploma in Implant Dentistry from the Royal College of Surgeons, London and have followed this by successfully gaining a Masters in Clinical Dentistry from Kings College London in Fixed and Removable Prosthodontics with distinction. This is my commitment to myself and my patients to ensure I can provide the broadest range of treatments available for maximum patient success.

I am a committed Fellow of the International Team for Implantology (ITI) –a past Study Club Director and Study Club Co-Ordinator for the whole of the UK and Ireland and remain a clinical mentor for this Worldwide Organisation.

I regularly hold educational courses, lecture nationwide and in Europe on a variety of topics at different educational levels, with a particular interest in Aesthetic Implant Dentistry. As well as educating others I am regularly asked to write up cases for Straumann and Botiss Worldwide Implant companies to demonstrate successful patient outcomes.

I accept referrals from colleagues for a variety of complicated clinical situations at both my Cirencester and Stow-on-the-Wold Dental Practices.

As well as being a fellow of the ITI (one of only 48 in the whole of UK and Ireland), I am also a member of the Association of Dental Implantology (ADI) and the Royal College of Surgeons (RCS). My commitment to Cosmetic / Aesthetic Dentistry maintains my Full Membership of the British Academy of Cosmetic Dentistry (BACD).

Dr Gavin Ho Fat
BDS (Newcastle), M Imp Dent (RCSEd)
GDC No.: 103457

Having graduated from Newcastle University in 2006 with a clinical distinction and an additional award for composites, Gavin spent 8 years initially in NHS and then fully private practice in London. In 2014, Gavin and his wife Kirsty decided to relocate to the Cotswolds, and he has been working at both Cirencester and Stow-on-the-Wold Dental Practices ever since.

Gavin has invested heavily in further post graduate education to deliver more complex techniques to achieve the best possible long term outcomes for his patients.

He has a specialised interest in dental implants and all aspects of complex restorative dentistry, developing extensively over the last 15 years - gaining lots of experience and clinical expertise in this highly demanding and complex field.

Having passed a robust series of examinations, he is now one of a few dentists to be recognised as a Member of Implant Dentistry by the Royal College of Surgeons Edinburgh.

Gavin takes a holistic, multidisciplinary approach to treating his patients using the latest digital techniques.

He has a calm and sympathetic manner, and works very well with nervous patients. For very phobic patients who struggle with dental visits, Gavin works very regularly with our in-house Sedationist.

In addition to treating patients, Gavin is involved in delivering further education and training for other dentists to improve their knowledge and clinical skills in implants, surgery and restorative dentistry.

Some examples of his work can be found on Instagram @drgavinhofat

Outside of dentistry, Gavin has a keen interest in travel, sport and food. In a former life, he was a regular snowboarder, cycled Lands End to John O'Groats, ran a sub-4 hour marathon and enjoyed travelling the world. However, Gavin and his wife's time is now spent mostly juggling family life with 4 young children and a dog.